



# SSA Hepatology Working Group

Cameroon

Christian Tzeuton



# SSA Hepatology Working Group

## Guidance for Screening and treatment of HCC in SSA

Friday 1 December 2017- Vineyard Hotel, CAPE TOWN

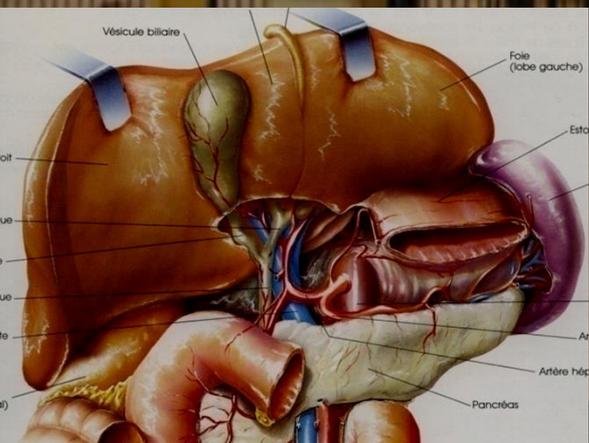


HOPITAL GENERAL DE YAOUNDE

# Working Group on liver surgery in SSA

- Country : **CAMEROON**

Christian TZEUTON  
Oumarou NANA



- Dr Oumarou Nana is :
  - Lecturer University of Yaounde 1
  - General , digestive and hepato biliary surgeon
  - Laproscopic surgery

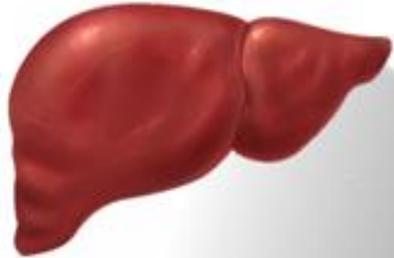


Time

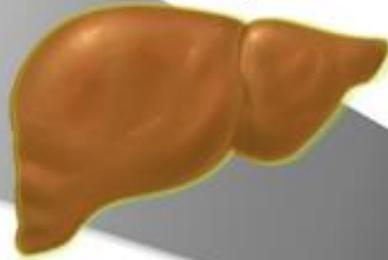
Normal Liver

20-25 years

25-30 years



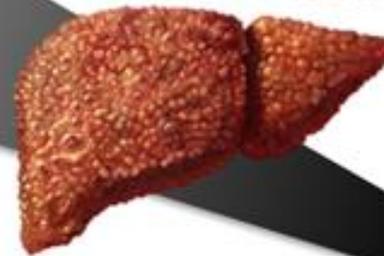
Chronic Hepatitis



HCV Infection

75-85%

Cirrhosis



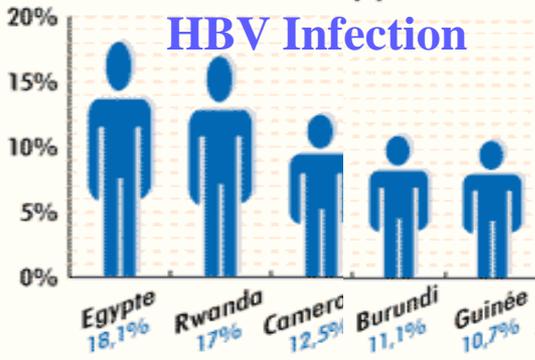
HCC  
ESLD

2-7% per year

20-30%

2-7% per year

HBV Infection



- . Métabol Syndr
- . Drugs
- . Nutritionnels
- . IBD
- . Microbiota

5%

**NAFLD -NASH**



**Virus C**

20%

**CIRRHOSIS**



**CANCER**

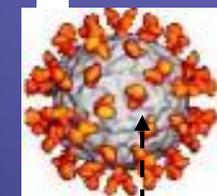


**Others**

<5%

**ALCOHOL (AFLD)**

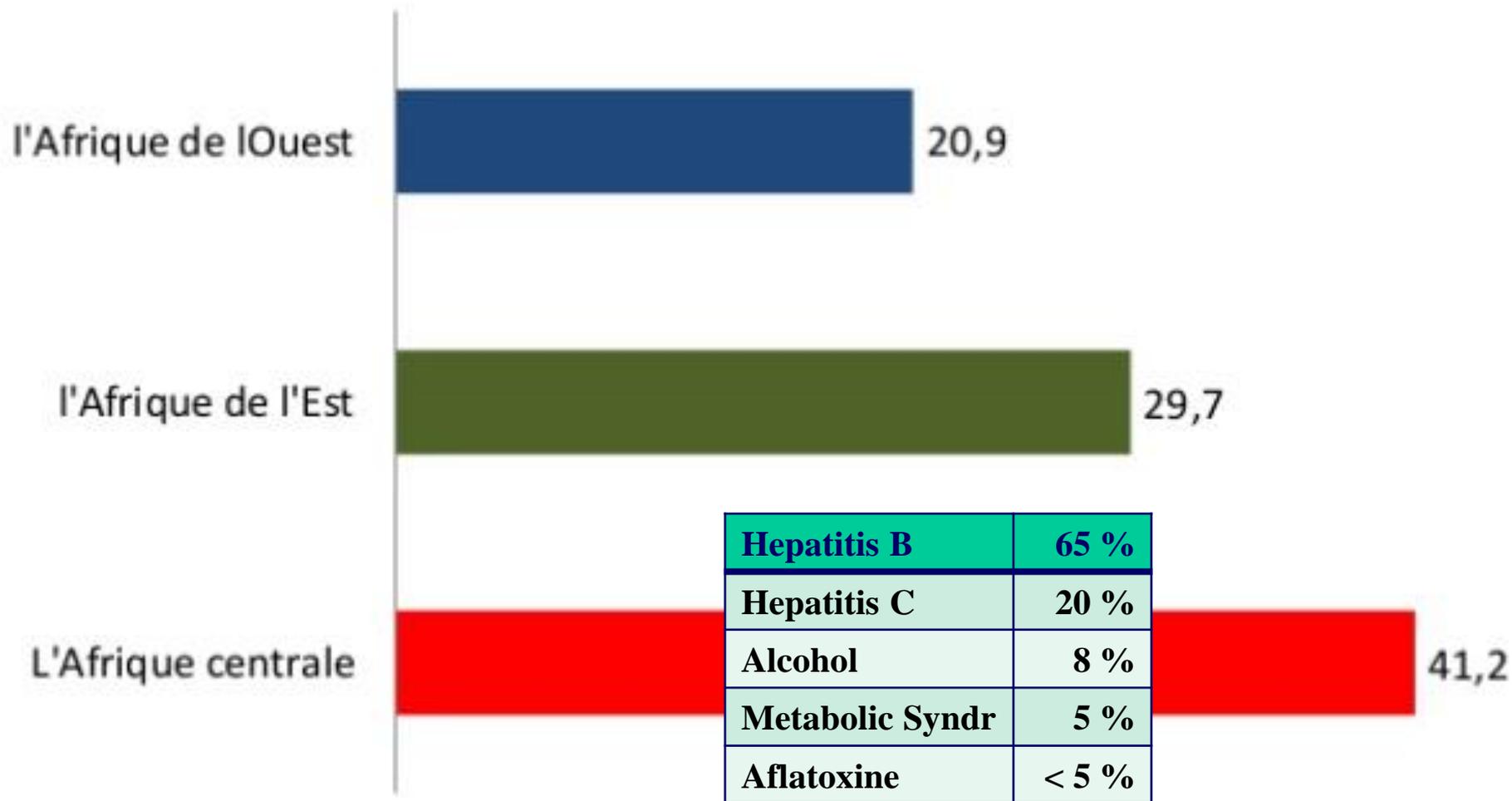
8%



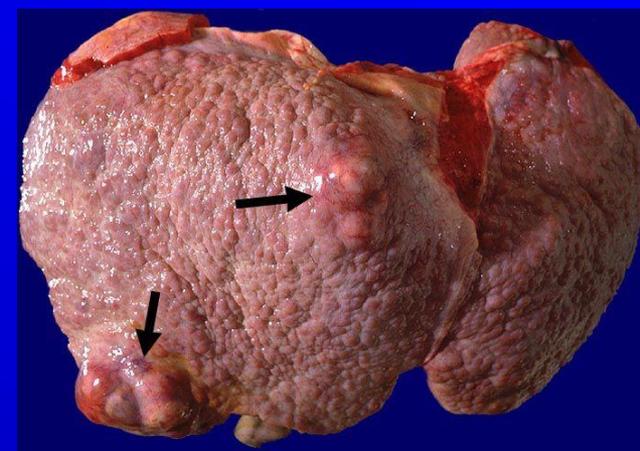
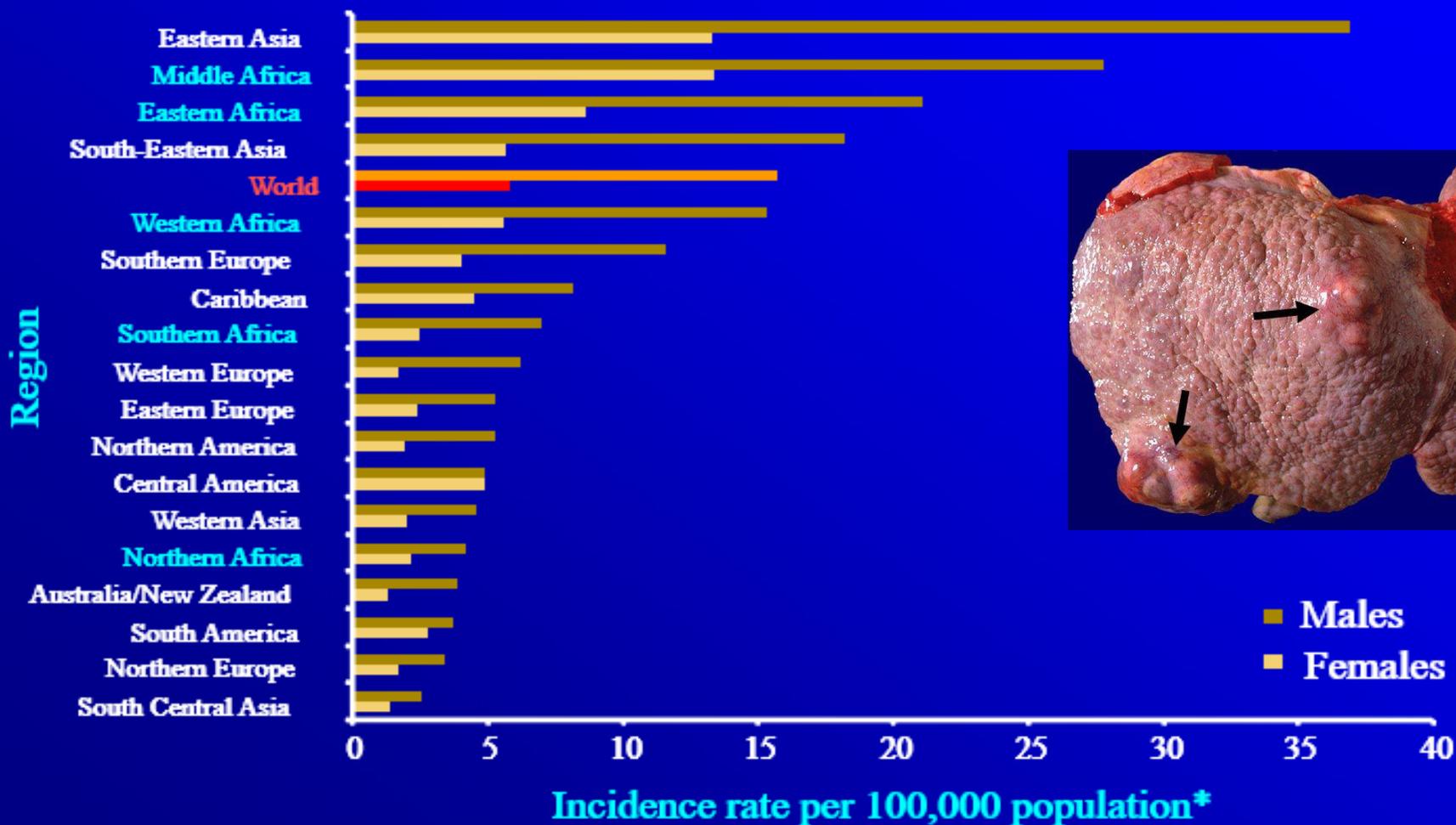
**Virus B = Oncogenic**

65%

## L'incidence du CHC en Afrique sub-saharienne est variable en fonction des régions (par 100000 personnes/an)



# Incidence du cancer du foie dans le monde: Variation régionale



\*Age standardized

GLOBOCAN 2002 database. Available at <http://www-dep.iarc.fr/>

# Institution



- Teaching facility :
  - Yaounde University Teaching Hospital
  - Yaounde General Hospital
  - **Essos Hospital Center**
  - Douala General Hospital
- Afiliated University : University of Yaounde 1
- Number of beds in hospital/surgical beds :

	<b>Cameroon hospitals</b>	<b>Dr Oumarou</b>
<b>Hospital beds</b>	??	<b>240</b>
<b>Surgical beds</b>	??	<b>40</b>
<b>Size of Population served</b>	<b>23 millions</b>	<b>3 millions</b>

- No dedicated HPB service.



# Institution

- Liver surgery performed by HPB surgeons and/or general surgeons : yes
- Number of surgeons performing liver surgery : around 7
- Number of resections performed per year :
  - Only 1-3 : (other few patients treated abroad)
  - Other patients : end stages → Palliative treatments



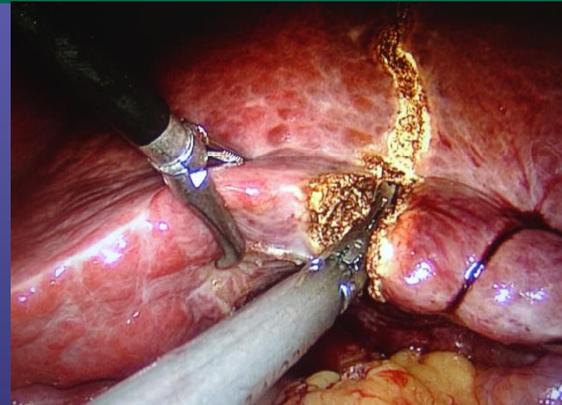
# Diagnostic capabilities

	State	Private
Ultrasound	32	129
CT	12	16
MRI	10	6
PET	0	0

# Treatment options available

	State	Private	Where ?
Resection	rare	No	India South Africa
Ablation	rare	No	France Tunisia Morrocco
TACE/TAE	No	No	

No trans arterial chemoembolisation



# Affiliations

- We have affiliations with other institutions or training facilities outside your country :
  - French University Teaching Schools
  - Belgian University Teaching Schools
  - OESO in Switzerland
- Cooperation : Foreign teams in Douala and Yaoundé for 2 to 3 weeks

# National

- Number of institutions offering liver surgery : 12
- Rough estimate of number of surgeons performing liver surgery/intervention : 26

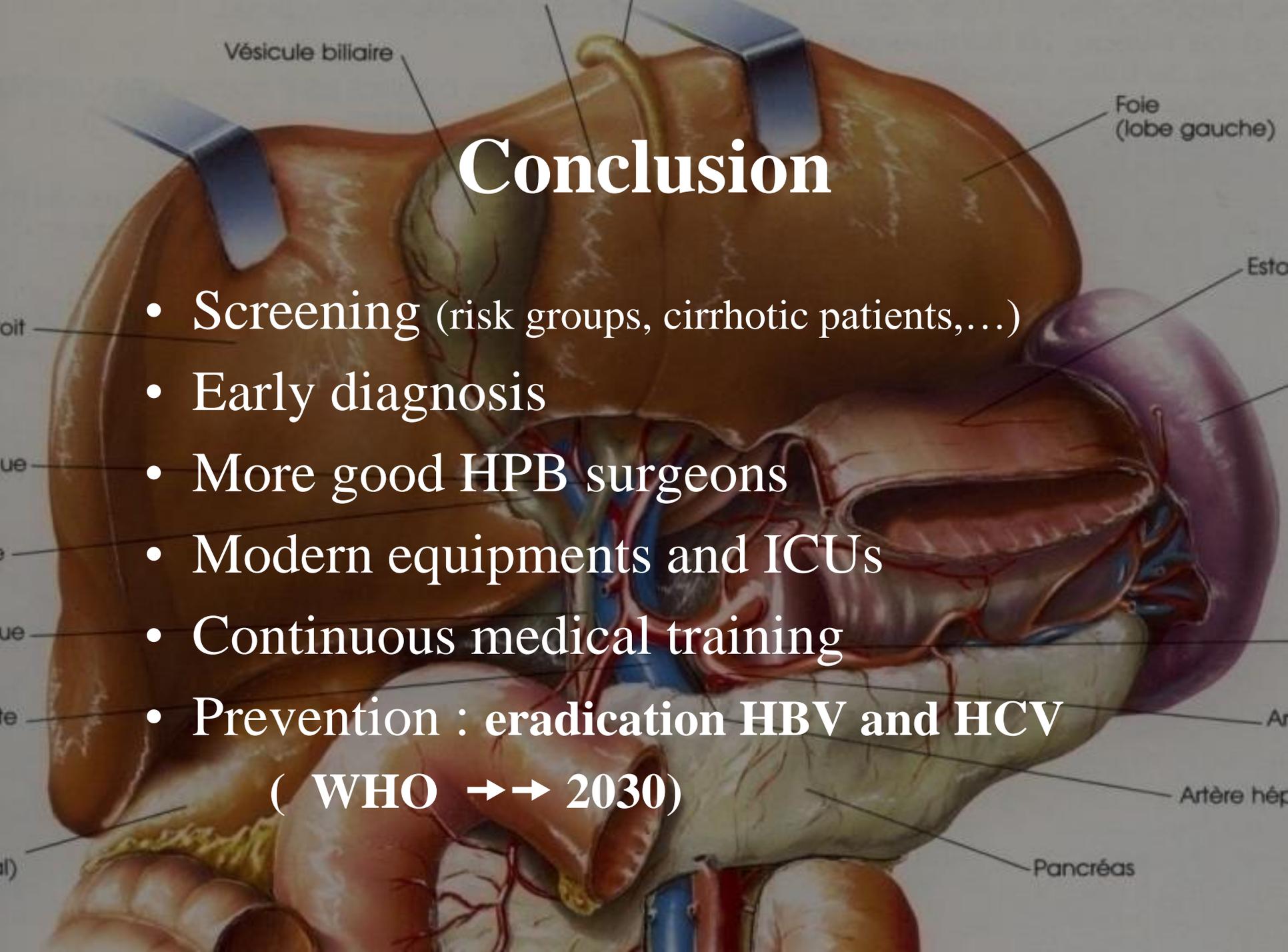
# Specific problems

- Shortage of surgeons : very few very trained HPB surgeons
- Theatre facilities
- Equipment : not enough good anesthesists
- ICU facilities : not enough equipments,
- Many patients seen too late :
  - No surgical solution
  - Even no chemotherapy solution,
  - palliative procedures only
  - Traditional healers +++++

# AFRICAIN Context

## *Traditionnal healers*





# Conclusion

- Screening (risk groups, cirrhotic patients,...)
- Early diagnosis
- More good HPB surgeons
- Modern equipments and ICUs
- Continuous medical training
- Prevention : eradication HBV and HCV  
( WHO →→ 2030)